

September 11th Outreach

Free Confidential Help, Information and Hope

- Sponsor:** **Life Matters, Inc.**
A 501(c)(3) non-profit organization. Life Matters, Inc. is a member of the American Red Cross September 11 Recovery Program Client Support Network.
- Available Services:** Multi-media presentations, guided discussions and therapeutic education about the long-term aftereffects of September 11 to:
- help participants recognize and cope with stress, anxiety, grief, loss and withdrawal in oneself and loved ones, and
 - highlight the unique community response and outpouring of humanity that provided tangible relief in response to the tragedy, and
 - provide free information and referrals to medical, psychological and case-management services that can provide long-term assistance.
- When:** By appointment
Two-hour sessions; half-day and full-day seminar workshops
For groups of at least 10
In your company or organizational offices or our lower Manhattan office
- Eligible Persons:** Those impacted by September 11 including:
- Families of the Deceased or Missing
 - Injured persons and those impacted by post-traumatic stress
 - Emergency Uniformed and Civilian First Responders throughout the U.S.
 - Residents and Businesses in lower Manhattan
 - Survivors of the attacks, including evacuees and anyone who was within a 10-block radius of Ground Zero on September 11
- Contact:**
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| Dr. Evelyn Llewellyn | Dr. Mike Lonski |
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All messages will be kept strictly confidential.